

# Learning & Lifestyles January

Mon

Tue

Wed

Thu

Fri

5

- Sign Language Activities
- Meal Planning & Shopping
- Pool Party & Wet Play Day

6

- Emotional Intelligence & Regulation Activities
- Meal Prep & Cooking
- DIY Craft - Paint & Spin Art

7

- Gross & Fine Motor Skill Activities
- Meal Prep & Cooking
- Wetside Hervey Bay & All Abilities Park

8

- Healthy Relationships & Internet Safety Activities
- Meal Prep & Cooking
- Mini Science Experiments

2

- How To Respond In An Emergency Activities
- Maryborough Aquatic Centre & Lunch From The Cafe (Around \$20 For Admission & Lunch)

12

- Personal Hygiene Activities
- Meal Planning & Shopping
- Tie-Dye Workshop - Bring your own white shirt or pillow case!

13

- Reading & Writing Activities
- Meal Prep & Cooking
- Gentle Chair Yoga

14

Paid Mystery Day  
Join Us For Mystery Day - Where The Activity is Secret... Because It Is Up To You! (\$40)

15

- Sign Language Activities
- Meal Prep & Cooking
- Mini Olympics & Beach Day

16

- Emotional Intelligence & Regulation Activities
- Meal Prep & Cooking
- Circus Skills Workshop

19

- Gross & Fine Motor Skill Activities
- Meal Planning & Shopping
- Life Skill Workshop - Money Handling

20

- Healthy Relationships & Internet Safety
- Meal Planning & Shopping
- Survive & Thrive Activities

21

- Trust & Friendship Building Activities
- Meal Prep & Cooking
- Baking Day

22

AN AUSSIE AFTERNOON  
HIGH TEA  
\$20  
ALL PROCEEDS GOING TOWARDS END OF YEAR BREAK UP PARTY

23

- Personal Hygiene Activities
- Meal Prep & Cooking
- Animal Therapy Oakhurst

26

PUBLIC HOLIDAY  
NO LEARNING & LIFESTYLES PROGRAM

27

- Reading & Writing Activities
- Meal Planning & Shopping
- DIY Craft - Clay Modelling

28

- How To Respond In An Emergency Activities
- Meal Prep & Cooking
- Bring Your Own Device And/Or Enjoy Playing Nintendo Switch Games such as Mario Kart & Just Dance

29

- Learn Sign Language
- Meal Prep & Cooking
- Hervey Bay Regional Art Gallery

30

- Emotional Intelligence & Regulation Activities
- Meal Prep & Cooking
- Fishing, BBQ & Swim At Burum Heads

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